



# CHECK ON YOUR ELDERLY NEIGHBORS

During the Coronavirus pandemic, seniors should stay at home to protect their health and safety.

Visit our website to download a "Hello Neighbor!" postcard and let your neighbor know you are here to help!



Do they have food, water and an adequate amount of personal hygiene supplies?



Do they need help picking up groceries or prescriptions?



Do they need meals delivered to their home?



Do they have someone they can contact in the event of an emergency?



1-800-510-2020 or  
1-714-480-6450



[www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)