



You've been tested for COVID-19: What's next?



You did the right thing getting tested. If you have symptoms or have tested positive for COVID-19, help slow the spread of COVID-19 by:

Stay home if you are sick and self-isolate. If you are not sick, check with your employer to see if you should return to work while waiting for your COVID-19 test results.

When your test results come back:



If your result is positive:

- Stay home except to get medical care until at least 10 days after your illness started.
- Tell your close contacts (anyone who was within 6 feet of you for 15 minutes or more) and ask them to stay home.
- The CA COVID Team may call you. Please answer the call to help identify others that may have been infected. All information shared will be kept private.



If your result is negative:

- If you are negative but still feel sick, notify your healthcare provider (doctor) if your symptoms get worse, especially if you have trouble breathing.
- Anyone who has been in close contact to someone with COVID-19 must still stay home for 14 days after last close contact since it can take that long to become sick.



Scan the QR code to visit our website and get more COVID-19 information and resources.



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Learn more at www.ochealthinfo.com/novelcoronavirus

SLOW THE SPREAD

COVER UP

WASH UP

& STAY 6 FEET APART



Wear a Face Cover



Wash Your Hands



Keep Your Distance