You’ve been tested for COVID-19: What’s next?

You did the right thing getting tested. While you are waiting for your results, help slow the spread of COVID-19 by:

Stay home if you are sick and self-isolate. If you are not sick, check with your employer to see if you should return to work while waiting for your COVID-19 test results.

When your test results come back:

If your result is positive:
- Stay home except to get medical care until at least 10 days after your illness started.
- Tell your close contacts (anyone who was within 6 feet of you for 15 minutes total over a 24 hour period) and ask them to stay home.
- The CA COVID Team will call or text you. Please answer the call or click the link on the text to help identify others that may have been infected. All information shared will be kept private.

If your result is negative:
- If you test negative but still feel sick, notify your healthcare provider (doctor) if your symptoms get worse, especially if you have trouble breathing. Stay home until you are fever free for at least 24 hours, without fever-reducing medications, and your symptoms are improving.
- Anyone who has been in close contact to someone with COVID-19 must still stay home for 10 days and monitor for symptoms for 14 days, even if test is negative.

Scan the QR code to visit our website and get more COVID-19 information and resources.

Learn more at www.ochealthinfo.com/novelcoronavirus

12/18/2020
SLOW THE SPREAD
COVER UP
WASH UP
& STAY 6 FEET APART

Wear a Face Cover
Wash Your Hands
Keep Your Distance